



Ashford & District Road Running Club Rules

Name

1. The Name of the Club is "Ashford & District Road Running Club".

Objects

2. The Object of the Club is to provide facilities for and promote participation of the whole community in Amateur Athletics through Road Running, Cross Country Running and similar activities within and around the area known as 'The Borough of Ashford' in the County of Kent.
3. The income and property of the Club shall be applied solely towards promoting the objects of the Club as set forth in these Rules and no portion thereof shall be paid or transferred directly or indirectly by way of dividend, bonus or otherwise howsoever by way of profit to any Member of the Club notwithstanding that payment in good faith of reasonable remuneration and expenses otherwise consistent with these Rules may be made in pursuance of the said objects.

Membership

4. The Club consists of Ordinary Members & Life Members, together being the Members.
5. Membership of the Club shall be open to all persons irrespective of ethnicity, nationality, sexual orientation, religion or beliefs; or of age, sex or disability except as a necessary consequence of the requirements of athletics & running as particular sports.
6. Membership of the Club is confined to those abiding by the Rules of Competition of UK Athletics, subsidiary or other affiliating or governing body in force and as may apply from time to time.

Subscriptions

7. The Club may as a condition of membership require annual or other periodic contributions or

subscriptions to be paid by Members of the Club in accordance with the Byelaws.

8. All contributions and subscriptions shall be paid to the Club. Cheques should be made payable to the Ashford & District Road Running Club.

9. Any Member having arrears of contributions or subscriptions shall not be eligible to take part in any competition promoted by the club, nor shall he/she be allowed to participate in the affairs of the Club, including voting in any general meeting.

Ordinary Members

10. Ordinary and Junior Members shall be admitted at the pleasure of the Committee through a manner specified in the Byelaws.

Life Members

11. Life Membership will ordinarily be granted only in recognition of a significant personal contribution to the Club's affairs. The total number of Life Members is not limited. Up to two Life Memberships, other than in exceptional circumstances, may be granted between successive AGMs, hereinafter the Term of the Committee.

12. Life Members will rank equally in all respects with Ordinary Members except that no contributions or subscriptions shall be payable in respect of Rule 7.

13. Life Members shall be elected by the Committee. A candidate may be proposed at any properly convened Committee Meeting, and the candidate for election who receives the unanimous support of the Committee present and voting at any subsequent properly convened Committee Meeting shall be declared elected.

Cessation of Membership

14. A Member may resign from membership at any time by notice to that effect given to the Secretary. A Member shall remain liable to pay any arrears of contributions or subscriptions owed by him/her at the time of resignation but without being entitled to any refund of contributions or subscriptions in respect of the remaining period.

15. Failure to pay within three calendar months of the due date will result in automatic cessation of membership. If at any time he or she gives to the Committee a satisfactory explanation, he or she may be readmitted to membership at the discretion of the Committee: the Committee will also determine whether or not arrears must be settled as a condition of readmission.

16. Any person shall, upon ceasing to be a Member of the Club, forfeit all rights to and claims upon the Club and its property and funds.

Disciplinary Procedures

17. Any Member may be disciplined or excluded from membership of the Club, if his or her conduct has been or is likely to be prejudicial to the interests of the Club by resolution of a disciplinary panel.

18. Any Member excluded from the Club under Rule 17, may lodge an appeal with the Committee within 7 days of the relevant exclusion.

Honorary Officers

19. The Honorary Officers of the Club shall be the Chairman, the Treasurer and the Secretary who shall be elected by the Members at the Annual General Meeting and in accordance with the Rules governing such procedures and shall remain in office until the end of the Annual General Meeting on the year their term expires.

20. Together, the three Honorary Officers of the Club are responsible for the normal operations of the Club within the policies and targets set by the Committee. To assist the Honorary Officers, they may delegate and assign tasks to other members of the Club.

The Committee

21. The management of the Club, except as may otherwise be provided by the Rules from time to time, shall be deputed to a Committee (together the members of the Committee) consisting of:

I. the Chairman, Secretary and Treasurer;

II. not more than twelve other Ordinary Committee Members all to be elected by the Annual General Meeting in accordance with the respective provisions in the Rules governing such elections.

22. Ordinary Committee Members shall fill and represent the Functional Roles of the Club as listed in the Byelaws. The allocation of these duties shall be by election at the Annual General Meeting in accordance with the rules governing such elections. Duties may be reallocated by mutual consent between the Honorary Officers and all the affected Committee Members.

23. In fulfilling the Functional Roles of the Club, the Ordinary Committee Members in charge of the Role may delegate the implementation of the role's components to managers and captains, who shall be Members of the Club. The Ordinary Committee Member shall report to and advise the Committee on the status of tasks and events in their area.

24. The Honorary Officers and Ordinary Committee Members shall be elected annually and serve for the period from the adjournment of the AGM at which they are elected until the adjournment of the following AGM, or the Term of the Committee, except as otherwise provided in these Rules.

Officers and Committee Members shall be eligible for re-election, except if excluded elsewhere in these Rules.

25. Any member of the Committee may resign his or her respective office at any time by notice in writing to that effect given to the Secretary and such resignation shall take effect immediately.

26. The office of an elected member of the Committee shall be vacated with immediate effect if he or she shall cease to be a member or shall be excluded or suspended under the terms of any of Rules 14 - 18 inclusive.

Casual Vacancies

27. The Committee shall have the power to appoint a Member to fill any casual vacancy on the Committee or amongst the Officers until the next Annual General Meeting. Any member so appointed shall retire at the next Annual General Meeting but shall be eligible for election at such meeting in accordance with the provisions for Proceedings at General Meetings.

Proceedings of the Committee

28. The Committee shall meet at least six times during the Term of the Committee in person and shall meet as often as may from time to time be fixed by the Committee. The additional meetings may be held in a manner suitable to the Committee and may include but not be limited to use of the telephone or internet.

29. Five of the voting members of the Committee shall be the quorum necessary for the transaction of business. A meeting of the Committee at which a quorum is present and has been properly convened shall be competent to exercise all the powers and discretions invested in the Committee by these Rules.

30. Questions arising at any meeting shall be determined by a simple majority of votes except as otherwise provided by these Rules.

31. The method of voting shall be by a show of hands.

32. The Committee may from time to time as it shall see fit invite persons who are not members of the Committee to attend at and address a meeting or meetings of the Committee.

33. Subject to the aforesaid the members of the Committee may regulate their meetings and proceedings as they think fit.

34. The Committee shall within two weeks of each meeting record the decisions that it has taken and publicise these to club members, including but not limited to the club website.

Powers of the Committee

35. The policy, direction and management of the affairs of the Club shall be vested in the Committee, subject always to the provisions of these Rules. The Committee is responsible for ensuring the administration of the Club is properly performed by the Officers. In addition to the powers and authority expressly conferred upon the Committee by the Rules, the Committee may exercise all such powers and do all such acts and things as may be expressly directed or required to be executed or done by the Club in the General Meeting.

36. Without prejudice to the general powers conferred upon the Committee by Rule 41, the Committee shall have the following powers:

- I. subject to the provisions of these Rules, to make, repeal, and amend all such Byelaws and regulations as they shall think expedient for the management and well-being of the Club. All Byelaws and regulations made by the Committee under this rule must be available to Members at the Club Headquarters and on the Club website at all times and shall be binding upon the Members until repealed by the Committee or set aside by a Resolution of a general meeting of the Club.
- II. to appoint any person or persons to accept and hold in trust for the Club any property belonging to the Club or in which it is interested.
- III. to make and give receipts, releases and other discharges for any amount payable to the Club and for claims and demands of the Club.
- IV. to invest, place on deposit and deal with any moneys of the Club not immediately required upon any investments or securities which the Committee thinks fit.
- V. to issue, sign, draw, endorse, negotiate, transfer and assign all cheques, bills, drafts, promissory notes, securities and instruments, negotiable and non-negotiable to operate on the Club's banking accounts.
- VI. to enter into all such negotiations and contracts and rescind and vary all such contracts and execute and do all such acts, deeds and things in the name of and on behalf of the Club as they may consider expedient.
- VII. to pay all the costs and expenses of and incidental to any of the aforesaid matters and things.
- VIII. to determine how and by whom any such power shall be executed, operations effected and documents signed or things done.
- IX. to appoint Members or sub-committees consisting wholly or partly of the members of the Committee to exercise such functions as the Committee may from time to time delegate to them.

Honorary President & Vice President

37. The Honorary President & Vice President of the Club shall perform duties to represent the Club and may provide guidance on strategy and probity as required.

38. The Honorary President & Vice President shall be nominated bi-annually by the Committee and be ratified by the AGM.

General Meetings

39. The Annual General Meeting of the Club shall be held within 8 weeks before the end of each Membership Year upon a date and at a reasonable time and place to be fixed by the Committee for the following purposes and order of business:

I. to receive from the Committee a report, balance sheet and statement of accounts for the preceding financial year;

II. to elect the Honorary Officers, the Committee, ratify the selection of the Honorary President & Vice President and to appoint the Auditor for their terms as appropriate; III. to decide on any Resolution which may be duly submitted to the meeting as provided by these Rules.

40. The Secretary shall on the instruction of the Committee or the requisition in writing (including email) of not less than 30% of the Members entitled to vote at such meetings give notice of an Extraordinary General Meeting within 14 days of the receipt by him or her of the requisition stating the business to be brought. No other business is to be discussed at an Extraordinary General Meeting.

41. Not less than three weeks notice of an Annual General Meeting or Extraordinary General Meeting specifying the place, day and time of the meeting shall be given to the Members.

42. The accidental omission to give any such notice to or the non-receipt of any such notice by any person entitled to receive the same shall not invalidate the proceedings at any general meeting.

43. Every notice calling a general meeting shall specify the general nature of the business to be transacted and shall specify if the meeting is to be an Annual General Meeting.

Proceedings at General Meetings

44. The quorum of a general meeting shall be thirty Members personally present and entitled to vote. No business shall be transacted at any general meeting unless the required quorum is present.

45. If within an hour following the time appointed for the meeting a quorum is not present the meeting shall stand adjourned to the same day in the next week at the same time and place or

such other place as may be agreed by the majority of Members present. If at such adjourned meeting a quorum is not present those Members who are present shall be a quorum and may transact the business for which the meeting was called.

46. At all such meetings the President or Chairman, or in his or her absence a member of the Club selected by those members of the Committee present, shall take the chair.

47. At all general meetings every Member shall have one vote unless disqualified from voting by these Rules or any Byelaw not inconsistent with the Rules. Votes shall be given personally and not by proxy.

48. Every Resolution submitted to a meeting shall be decided by a show of hands and in the case of an equality of votes, on a matter on which the Chair has not voted, the chairman of the meeting shall have a casting vote.

49. Any Ordinary Member of one year's standing or Life Member who at the relevant time is a first claim Member may be nominated by any other two Members, with his/her approval, as a candidate for any of the posts of Honorary Officer or Ordinary Committee Member by notice in writing (including email) to the Secretary at least two weeks before the date of the Annual General Meeting. The nomination shall clearly state for which position(s) the member is standing. Candidates for the posts of Ordinary Committee Members shall also clearly state for which role(s), as listed in the byelaws, the member is standing.

50. A Member may accept nomination for any of the separately elected posts constituting the Committee. If a Member shall be elected to a post during the prescribed course of business his or her name shall be deleted from all subsequent balloting for the remaining elected posts at that general meeting.

51. If the number of candidates for the post of Chairman, Secretary, Treasurer or each specified role of Ordinary Committee Member is only one, that candidate shall be declared elected. If the number of candidates is more than one, balloting lists shall be prepared containing in alphabetical order all the names proposed. Vote shall be by secret ballot. Every eligible Member may vote for each office, and voting shall be decided with the first candidate to reach a majority elected. Ballots shall be carried out for the posts in the order of Chairman, Secretary, Treasurer and then Ordinary Committee Member roles in the order they are listed in the byelaws.

52. The Annual General Meeting shall elect from those present a Returning Officer to oversee the elections conducted at the meeting.

53. The following rules shall apply to all general meetings:

I. All Resolutions and Amendments thereto shall be put to the meeting. II. Resolutions proposed for consideration by a general meeting shall be submitted in writing to the Secretary at least two weeks before the date of the meeting.

III. Notice of the text of such resolutions shall be given by the Secretary at least one week before the date of the meeting and in accordance with the requirements for Notices set out in these Rules.

IV. Two or more motions on the same subject may be combined at the discretion of the Secretary with the consent of each of the relevant proposers.

V. Amendments may be proposed at any time during debate although the chairman shall have the right to require these to be put in writing together with the name of the proposer. VI. The following Resolutions may be proposed at any time without previous notice: (i) That the order of Resolutions, or the order of Resolutions under rule 38(c) where the meeting is an Annual General Meeting, be changed to give precedence to a particular item or items.

(ii) That the question be now put. The chairman may defer this Resolution if in his/her opinion there has been insufficient discussion of the Resolution or Amendment in question.

(iii) That the proposer be given leave to withdraw a Resolution or Amendment. This Resolution shall be debated and decided by the Meeting.

54. At any general meeting a declaration by the chairman that a Resolution has been carried by a particular majority or lost or not carried by a particular majority and an entry to that effect made in the minutes shall be conclusive evidence of the fact without proof of the number or proportion of the votes recorded.

55. The Chairman of the general meeting may with the consent of the meeting adjourn the same from time to time and from place to place but no business shall be transacted at any adjourned meeting other than the business left unfinished at the meeting from which the adjournment took place.

56. The minutes of the Annual General Meeting shall be published on the Club website and be available on request within one calendar month of the meeting.

Accounts

57. The Committee shall cause proper books of account to be kept. The Treasurer shall provide each Committee Member with the bank balance details & at each of the Committee meetings. The books of account shall always be open to the inspection of all members of the Committee.

58. The Committee shall lay proper accounts for the previous Financial Year before the Annual

General meeting each year. These shall be accompanied by a report of the Committee as to the state of the affairs of the Club. The Financial Year for the purposes of these Rules shall run from April 1 to March 31 in the subsequent calendar year to include both of these dates.

59. The Club shall at each Annual General Meeting appoint an Auditor to hold office until the next Annual General Meeting.

60. The Committee may fill any casual vacancy in the office of Auditor but while any such vacancy continues the surviving or continuing Auditor if any may act. Any Auditor so appointed shall hold office until the next Annual General Meeting.

61. The Auditor shall make a report to the Members on accounts examined by him/her on every Balance Sheet laid before the Club in a general meeting during his/her tenure of office and the report shall state:

I. whether or not he or she has obtained all the information and explanations he/she has required, and

II. whether in his or her opinion the Balance Sheet referred to is properly drawn up so as to show a true and fair view of the state of the affairs of the Club according to the best of his or her information and the explanations given to him/her and as shown by the books of account.

62. Every Auditor of the Club shall have a right of access at all times to these books of account and vouchers of the Club.

Loss and damage

63. The Club accepts no liability for loss or damage caused to Members personal property. A Member causing loss or damage to Club or Clubhouse property, equipment or fittings will be responsible for its repair or replacement.

Coach fares

64. A Member who books a seat on a Club organised coach and subsequently does not travel, shall be asked to reimburse the Club for the loss of fare.

Interpretation of the Rules

65. The definitive copy of these Rules and Byelaws shall be available for members to inspect on request. The definitive copy shall be dated and signed as such by the Honorary Secretary. Further copies of the Rules and Byelaws shall be placed on the Club website and on display elsewhere as the Committee sees fit. In the event of a discrepancy between copies of the Rules and Byelaws, the definitive copy shall take precedence. The Committee shall be the sole authority for the

interpretation of these Rules and of any Byelaws and regulations made in accordance with these Rules. The decision of the Committee upon any questions of interpretation or upon any matter affecting the Club and not provided for by these Rules shall be final and binding on the Members except if otherwise directed by the Club in general meeting.

Amendment of the Rules

66. These rules may be added to, repealed, or amended by resolution at any Annual or Extraordinary General Meeting, provided that no such resolution shall be deemed to have been passed unless it is carried by a majority of at least two-thirds of the Members voting thereon.

Dissolution of the Club

67. If at any general meeting a Resolution for the dissolution of the Club shall be passed by a majority of the Members present an Extraordinary General Meeting shall be convened to be held not less than four weeks thereafter (of which two weeks written notice shall be given to each Member in addition to the other provisions for Notices) to further consider the matter.

68. The quorum for any Extraordinary General Meeting convened in accordance with Rule 67 shall be half of the Members entitled to vote and any such Resolution shall only be successful if then passed by a majority of two-thirds of the Members voting.

69. In the event of the dissolution of the Club, any assets remaining after the satisfaction of all debts and liabilities shall not be paid to or distributed among the Members of the Club, but shall be given or transferred by the Committee to one or more of the following approved sporting or charitable bodies as shall be nominated at the SGM:

- I. A registered charitable organisation(s) with similar objects to the club.
- II. Another club which is a registered CASC with similar objects to the club.
- III. The sports' national governing bodies for use by them for related community sports.